



January 27, 2016

Dear Port Hope Resident,

This Age-Friendly Community survey is designed to gather feedback from **residents of the Municipality of Port Hope who are 50 years of age or older**, feedback that will describe their experiences as residents of the Municipality. The results of this survey will assist in the development of an Age-Friendly Action Plan for The Municipality of Port Hope. The survey touches on the eight Dimensions of an Age-Friendly Community as established by the World Health Organization based on extensive, global research.

The Municipality of Port Hope is committed to addressing low cost, effective action items that will make the community more Age-Friendly. But first, and most important, we need to hear from you!

This survey should take 10 to 15 minutes to complete.

You will not be asked for any identifying information. The results of the survey will be completely anonymous. The data will be available to members of the Municipality of Port Hope Age-Friendly Steering Committee and will be used to create the Age-Friendly Action Plan that will be presented to Municipal Council. This survey is entirely voluntary, if you complete the survey, we will assume that you have given your consent to the collection of your opinions. If you have any questions about the survey, please contact Bonnie Mactavish at 905-885-8760 ext. 4111 or by email at [bmactavish@porthope.ca](mailto:bmactavish@porthope.ca)

Thank you for taking the time to complete this survey.  
Your feedback is valued and appreciated.

The survey will be open until March 13, 2016

**For the duration of this survey, please use the following scale to rate your answers:**

**0= Don't know or Not Applicable    1= Strongly Disagree    2= Disagree**  
**3= Somewhat Agree    4= Agree    5= Strongly Agree**

Please give us your opinion about how you think the Municipality of Port Hope currently meets the following Age-Friendly ***Outdoor Spaces and Buildings*** Features

<b>A. Outdoor Spaces and Buildings</b>	Don't Know or Not Applicable	Strongly Disagree	Disagree	Somewhat Agree	Agree	Strongly Agree
1. Neighbourhoods and pathways are well-lit.	0	1	2	3	4	5
2. Pedestrian crossings are safe for people with any level of ability.	0	1	2	3	4	5
3. Public buildings are accessible.	0	1	2	3	4	5
4. Public washrooms are clean, well-maintained and accessible.	0	1	2	3	4	5
5. Public washrooms are adequately located in outdoor spaces.	0	1	2	3	4	5
6. Parks are well maintained and safe.	0	1	2	3	4	5
7. Snow removal is prompt.	0	1	2	3	4	5
8. Snow removal at public buildings takes into consideration the mobility needs of people of all abilities.	0	1	2	3	4	5
9. Shelters are adequately available when using parks and trails.	0	1	2	3	4	5
10. Benches are conveniently located along sidewalks, paths and trails.	0	1	2	3	4	5
11. Parks and outdoor spaces are important.	0	1	2	3	4	5

Please feel free to make additional comments about ***Outdoor Spaces and Buildings in the Municipality of Port Hope.***

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## B. Transportation

1. What forms of transportation do you use? (Select all that apply)

- Car                       Taxi                       Transit  
 Bicycle                       Specialized Transit                       Walk  
 Volunteer Driver                       Other: \_\_\_\_\_

Please give us your opinion about how you think the Municipality of Port Hope currently meets the following Age-Friendly **Transportation** Features.

<b>Transportation</b>	Don't Know or Not Applicable	Strongly Disagree	Disagree	Some-what Agree	Agree	Strongly Agree
2. Information is available about transportation services, including information on how and where to access them, timetables and cost.	0	1	2	3	4	5
3. Specialized transportation is available for people with special needs.	0	1	2	3	4	5
4. Roads are well-maintained.	0	1	2	3	4	5
5. Sidewalks are well-maintained and easy for all people to use.	0	1	2	3	4	5
6. Cycling and walking trails are well connected and maintained.	0	1	2	3	4	5
7. Priority parking and drop-off spots for people with special needs are available.	0	1	2	3	4	5
8. Directional signs are in good locations and easy to read	0	1	2	3	4	5
9. Public transportation is convenient.	0	1	2	3	4	5
10. Bus stops are conveniently located and accessible.	0	1	2	3	4	5
11. I feel I can easily get around the community.	0	1	2	3	4	5

Please feel free to make additional comments about ***Transportation in the Municipality of Port Hope.***

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Please give us your opinion about how you think the Municipality of Port Hope currently meets the following Age-Friendly ***Civic Participation and Employment Features***

<b>C. Civic Participation and Employment</b>	Don't Know or Not Applicable	Strongly Disagree	Disagree	Some-what Agree	Agree	Strongly Agree
1. The community promotes a range of flexible older adult volunteer opportunities.	0	1	2	3	4	5
2. Volunteer opportunities are supported with training, recognition, and guidance.	0	1	2	3	4	5
3. Employment opportunities for older adults are available.	0	1	2	3	4	5
4. Training is available to assist with new workplace opportunities (e.g. resume writing, interview skills, computer skills)	0	1	2	3	4	5
5. Older adults are well represented on councils, boards and committees.	0	1	2	3	4	5
6. Information about volunteer and employment opportunities is well communicated.	0	1	2	3	4	5

7. Are you presently looking for employment?  Yes  No

Please feel free to make additional comments about ***Civic Participation and Employment in the Municipality of Port Hope.***

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## D. Housing

1. Please tell us your current housing situation:

Own

Living with family

Rent

Other \_\_\_\_\_

2. Which best describes your current home?

Single family home

Apartment

Townhouse

Long-term care home

Semi-detached home

Retirement residence

Condominium

Other \_\_\_\_\_

3. Which best describes your home location?

Rural

Urban

Please give us your opinion about how you think the Municipality of Port Hope currently meets the following Age-Friendly **Housing** Features

Housing	Don't Know or Not Applicable	Strongly Disagree	Disagree	Some-what Agree	Agree	Strongly Agree
4. Affordable housing is available for all.	0	1	2	3	4	5
5. Affordable supports are available to enable older adults to remain at home (e.g. Personal support workers, Meals on Wheels, etc).	0	1	2	3	4	5
6. Information is available on home modification options and subsidies.	0	1	2	3	4	5
7. Maintenance services are available for older adults (e.g. grass cutting, snow removal).	0	1	2	3	4	5
8. Sufficient and affordable housing dedicated to older people (e.g., long-term care homes, retirement homes) is provided locally.	0	1	2	3	4	5
9. When researching housing options (for yourself, family member or friend), the information was accessible and comprehensive.	0	1	2	3	4	5

10. I feel confident that if I were to move, that I would be able to find accommodation that meets my needs.	0	1	2	3	4	5
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11. Do you plan to move within Port Hope in the near future?  Yes  No

Please feel free to make additional comments about **Housing in Port Hope.**

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Please give us your opinion about how you think the Municipality of Port Hope currently meets the following Age-Friendly **Respect and Social Inclusion** Features

<b>E. Respect and Social Inclusion</b>	Don't Know or Not Applicable	Strongly Disagree	Disagree	Some-what Agree	Agree	Strongly Agree
1. Older adults are consulted regularly on how to serve them better.	0	1	2	3	4	5
2. Older adults are treated respectfully by the community as a whole.	0	1	2	3	4	5
3. Contributions of older adults are honoured in the community through events and/or awards.	0	1	2	3	4	5
4. Programs and events that combine youth and older adult participation are available.	0	1	2	3	4	5
5. Programs are available and participation is encouraged for any level of income.	0	1	2	3	4	5
6. I feel respected and part of the community.	0	1	2	3	4	5

Please feel free to make additional comments about **Respect and Social Inclusion in the Municipality of Port Hope.**

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## F. Social Participation

1. Where do you go to participate in social activities and events? (Select all that apply)

- Town Park Recreation Centre
- Coffee Shops or Restaurants
- Faith-based Organizations
- Ruth Clarke Activity Centre
- Other: \_\_\_\_\_
- Jack Burger Sports Complex
- Libraries
- Canton Municipal Building
- Community Groups

2. How important is participating in social activities to you?

- Extremely important
- Important
- Very important
- Not important
- Somewhat important

3. What types of activities do you participate in? (Select all that apply)

- Volunteer committees, boards, groups
- Indoor fitness activities; swimming, classes, gym, skating
- Outdoor activities; walking, running, hiking, cycling, kayaking, etc.
- Creative programs; painting, writing, quilting, acting, singing, etc.
- Cards, games, darts
- Educational programs; life-long learning, lectures, tours, etc.
- Skill development programs; computer classes, language, cooking, etc.
- Sports programs; lawn bowling, tennis, hockey, curling, baseball, rowing, etc.
- Community events; Canada Day, Jazz Festival, Float Your Fanny, etc.
- Other: \_\_\_\_\_

4. Is there any activity that you are interested in that is not available in your community?

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Please give us your opinion about how you think the Municipality of Port Hope currently meets the following Age-Friendly **Social Participation** Features

<b>Social Participation</b>	Don't Know or Not Applicable	Strongly Disagree	Disagree	Some-what Agree	Agree	Strongly Agree
5. Activities are offered to appeal to older adults of different backgrounds and interests.	0	1	2	3	4	5
6. Places for events and activities are conveniently located and accessible.	0	1	2	3	4	5
7. Activities and events welcome participation as a single person, with a friend, or as a group.	0	1	2	3	4	5
8. Activities and programs are affordable.	0	1	2	3	4	5
9. Activities, programs and events are well-publicized.	0	1	2	3	4	5
10. Information about financial subsidy to participate in activities and programs is well communicated.	0	1	2	3	4	5

Please feel free to make additional comments about **Social Participation in the Municipality of Port Hope.**

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## G. Communication and Information

1. How do you find out about activities, events and services in Port Hope?  
Select all that apply.

- |   |  |                                    |
|---|--|------------------------------------|
| <input type="checkbox"/> Flyers           | <input type="checkbox"/> Radio                         | <input type="checkbox"/> TV        |
| <input type="checkbox"/> Friends & Family | <input type="checkbox"/> Community agencies            | <input type="checkbox"/> Library   |
| <input type="checkbox"/> Tourism Office   | <input type="checkbox"/> Church or Faith based group   | <input type="checkbox"/> Newspaper |
| <input type="checkbox"/> Seniors Centre   | <input type="checkbox"/> Computer (Internet/ Facebook) |                                    |
| <input type="checkbox"/> Other: _____     |  |                                    |

Please give us your opinion about how you think the Municipality of Port Hope currently meets the following Age-Friendly **Communication and Information** Features

<b>Communication and Information</b>	Don't Know or Not Applicable	Strongly Disagree	Disagree	Some-what Agree	Agree	Strongly Agree
2. Information is accessible, timely, and well distributed to reach residents of all ages.	0	1	2	3	4	5
3. Print and spoken communication is easy to understand.	0	1	2	3	4	5
4. Older adults know where to go or who to call to get community information.	0	1	2	3	4	5
5. Access to computers and the Internet, at no or minimal charge, is available in a variety of public places.	0	1	2	3	4	5
6. Information for socially isolated older adults is delivered by phone, or through personal visits.	0	1	2	3	4	5
7. I can easily access information about activities, programs, and services that are important to me.	0	1	2	3	4	5

Please feel free to make additional comments about **Communication and Information in the Municipality of Port Hope.**

Please give us your opinion about how you think the Municipality of Port Hope currently meets the following Age-Friendly **Community and Health Services** Features

<b>H. Community and Health Services</b>	Don't Know or Not Applicable	Strongly Disagree	Disagree	Some-what Agree	Agree	Strongly Agree
1. A range of health and support services are offered for promoting, maintaining, and restoring physical and mental health.	0	1	2	3	4	5
2. Home care services including health and personal care are available.	0	1	2	3	4	5
3. Clear and accessible information is provided about health and social services.	0	1	2	3	4	5
4. Delivery services are available and convenient to arrange for meals, groceries, medications, etc.	0	1	2	3	4	5
5. Affordable meal programs are available to older adults in the community.	0	1	2	3	4	5
6. Home support, day programs, and respite stays are adequately available.	0	1	2	3	4	5
7. Support staff are respectful, helpful, and trained to serve older people.	0	1	2	3	4	5
8. I feel confident that my present health needs are being met by existing services.	0	1	2	3	4	5

Please feel free to make additional comments about **Community and Health Services in the Municipality of Port Hope.**

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I. What is the **biggest challenge** about growing older in the Municipality of Port Hope?

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J. What is the **best thing** about growing older in the Municipality of Port Hope?

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### K. General Information

1k. What is your age?

50-59

80-89

60-69

90+

70-79

2k. What is your gender?       Male       Female

3k. How long have you lived in the Municipality of Port Hope?

Less than 5 years

15-20 years

5-9 years

Over 20 years

10-14 years

If you would like to enter your name to win a \$50.00 Gift Certificate to spend at a local business, or if you are interested in participating in a discussion group, please complete the Survey Prize Ballot.

Thank you very much again for your time!  
Your Opinion Matters!